

## 48-4.5 oz. WG Country Breakfast Calzone

Scrambled eggs, mozzarella cheese, pork sausage and gravy wrapped in a whole grain crust **Product Code #815 (Bulk) / #828 (IW)** 

Serving size	4.5oz (128g)
Amount per serving Calories	280
	% Daily Value
Total Fat 11g	14%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 110mg	37%
Sodium 450mg	20%
Total Carbohydrate 32g	12%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 2g Added S	ugars 4%
Protein 13g	
Vitamin D 1mcg	6%
Calcium 148mg	10%
Iron 2mg	10%
Potassium 163mg	4%



SHELF LIFE: Frozen: 365 days, Refrigerated: 5-7 days

**TI/HI:** 5/10



C.N. EQUIVALENTS -2 MMA, 2 GRAINS

INGREDIENTS: FILLING: Egg (whole eggs, nonfat milk, soybean oil, modified food starch, salt xanthan gum, citric acid, butter flavor {maltodextrin, natural butter flavor, annatto, and turmeric[added for color]} pepper), Gravy (Dry whole milk, modified corn starch, corn starch, yeast extract, less than 2% spices, sugar, natural flavor, onion powder, xanthan gum, disodium inosinate, disodium guanylate, salt, fully refined soybean oil (anti-caking agent). Mozzarella Cheese [pasteurized part-skim milk, cheese culture, salt, enzymes) May contain: Pasteurized Milk, Modified Corn Starch, Nonfat Milk, Modified Food Starch, Powdered Cellulose (to prevent caking), Potassium Chloride, Natural Flavors, Ascorbic Acid (to protect flavor)]. Pork Topping (pork, water, textured soy flour, seasoning {sugar, spices, monosodium glutamate [MSG]}, salt, sodium phosphates). CRUST: Water, Whole Wheat flour, Wheat flour enriched (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Malted barley flour, Sugar, Soybean oil (citric acid), Salt (yellow prussiate of soda), Yeast (sorbitan monostearate, ascorbic acid,), Corn Meal. CONTAINS: WHEAT, SOY EGG AND MILK PRODUCTS.

## For Food Safety follow these COOKING instructions carefully

Calzone Cooking Instructions: For best results thaw product before cooking. Ovens and microwaves may vary; cooking times may need to be adjusted. For Microwave (1100W), Cook for 1 ½-2 minutes or until internal temperature reaches 160°. Additional cooking time may be required for lower wattage microwave ovens. For Conventional oven: Cook for 10-12 minutes at 350° or until internal temperature reaches 160°. **FOR FOOD SAFETY, ENSURE PRODUCT REACHES AN INTERNAL TEMPERATURE OF 160°** 



