



SAN MATEO- FOSTER CITY SCHOOL DISTRICT

Coronavirus Update to Families Community Resources Thursday, March 25, 2020

Dear SMFCSD Families & Extended Community,
We offer the following summary of resources available. We will continue to communicate with you regularly as we navigate the challenges of Coronavirus (COVID-19), and we will update this document as we receive new information.

We expect that there will be many more resources made available as the \$2 trillion Federal COVID-19 Stimulus Bill comes online.

CAN YOU GIVE? Please see options at the end of this document.

COMMUNITY RESOURCES

Food Assistance

San Mateo Foster City School District Free Meals for Students 18 Years and Younger
[Free Meals Available during School Closure. Now through Friday May 1, 2020](#)

Days: Monday through Friday

Hours: Now through Friday, May 1, 2020, 11:30 am-1:00 pm.

Monday, April 6 - Friday, May 1, 2020, 11:30 am - 12:30 pm.

- College Park; 715 Indian Avenue, San Mateo, CA 94401
- Foster City Elementary School; 461 Beach Park Blvd, Foster City, CA 94404
- Laurel Elementary School; 316 36th Avenue, San Mateo, Ca 94403
- LEAD Elementary School; 949 Ocean View Avenue, San Mateo, CA

For more information, please call the Child Nutrition Department at 650-312-1968.

San Mateo Union High School District Free Meals for Students 18 Years and Younger
[School Closure Information / Breakfast and Lunch Service](#)

During the school closure **ANYONE 18 and under** can receive grab and go breakfast and lunch Monday - Friday at either Mills High School or San Mateo High School. Nutrition services employees will staff a cart offering a variety of healthy options between 11 am - 1 pm beginning Monday, March 16 through Friday, April 3.

Map of Free Meals Across the Bay Area

A group of Stanford students used data science to partner with local school districts, nonprofits and newsrooms to create a digital map with detailed information where school children can access free meals during school closures. [Bay Area School Meal Pickups](#)

Samaritan House-4031 Pacific Blvd., San Mateo, CA 94403, (650) 341-4081
<https://samaritanhousesanmateo.org>

Food Pantry-Must complete a registration form and meet with a case manager. Food is then available once a week per family Monday through Friday, 9 am-12 pm or 1 pm-4 pm.

Samaritan House Dining Room-Masonic Lodge, 303 Tilton Avenue, San Mateo, CA 94401;
 Grab and go meals ready for pick up in the parking lot.

Hours: Monday through Friday, 4:00-6:30 pm. All are welcomed.

Samaritan House Weekend Lunch To Go-4031 Pacific Blvd., San Mateo, CA 94403

Hours: Saturday and Sunday, 12:00 pm (lunch to go). All are welcomed.

CALL Primrose-139 Primrose Road, Burlingame, CA 94010

[CALL Primrose: HOME](#)

Food Pantry: Food, diapers and formula available for pick up, Monday through Friday, 9:00 am-2:45 pm.

Second Harvest

Food Pantry - To find free groceries from Second Harvest of Silicon Valley, Call 1-800-984-3663, Monday through Friday, 8:00 am - 5:00 pm. You can also text them at "GETFOOD" to 1-408-455-5181.

San Mateo County Office of Education (SMCOE) - Food & Mental Health Resources

Please see the SMCOE Food and Mental Health Resources webpage. Their information includes further details of school meal locations, access to emergency food, and link to [Bay Area Farmers' Markets](#).

SMCOE Resources for Families also include guidance on:

- [Talking about COVID-19](#)
- [Curriculum](#)
- [Distance Learning](#)
- [Technology](#)

Food Assistance and More

Many community faith institutions are offering extensive support services. Here is one in example:

[Faith in Action Bay Area](#) is doing outreach through their [Facebook page](#), their hotline (1-203-666-4472), and launching the Belonging Emergency Response Fund.

Phone: 650-592-9181

Housing / Eviction

We expect to see a notice of eviction moratorium from San Mateo County, but it has not yet been released. We will update when we have confirmed information.

Immigrant/Migrant Resources - Emergency Immigrant Toolkit

The San Mateo County Office of Community Affairs, Immigrant Services has created an Immigration Tool Kit to aid in case of an emergency. This toolkit includes information on knowing your rights, a child care plan and other useful resources. Make sure to consult with an attorney regarding your specific situation or any legal questions. The 20-page document contains information about immigrant rights and essential services.

- English Version [Here](#)
- Spanish Version [Here](#)
- Chinese Version [Here](#)

Internet Services

The California Department of Education (CDE) has posted information regarding access to affordable internet offers. It also contains a phone number that provides multilingual assistance to parents. Please see the CDE's "[Getting Internet Access: Available Plans.](#)"

Legal Assistance

Legal Aid at Work <https://legalaidthatwork.org/>

Provides information about legal issues at your workplace.

Legal Aid Society of San Mateo County

[The Legal Aid Society of San Mateo County](#)

"These are trying times and Legal Aid is here for you. In the interest of protecting your health and the health of our community, please do not come to our office in person. If you need legal assistance, call us at 650-558-0915."

Legal Call Center

The San Mateo County Economic Development Agency and San Mateo County have opened a legal hotline and email for businesses with questions.

Phone: (650) 363-4588

Hours: 8:00 am - 4:00 pm

Email: healthorderFAQ@smcgov.org

Medical Assistance/Mental Health

San Mateo Foster City School District Nurses (for students)

nursingdepartment@smfcsd.net

SMFC School District nurses are ready to answer questions or discuss the medical needs of your student.

San Mateo Free Clinic

Open on a limited/emergency basis. Please call first for health screening; (650) 578-0400. Non-essential medical or dental services are not open at this time.

Crisis/Hotline Resources

- National Suicide Hotline: 1-800-273-TALK (8255) *EN ESPANOL: de Prevencion del Suicidio* 1-888-628-9454
- Star-Vista: Crisis line: 650-579-0350
 - Parent Support line 1-800-220-7575
 - Alcohol and Drug line 650-573-3950
- CORA domestic violence crisis line 1-800-300-1080
- Medi-Cal Behavioral Health and Substance Abuse Call Center 1-800-601-0101

REMEMBER: For COVID-19 response information, primary sources of information are the following:

- Centers for Disease Control and Prevention - At a national level:
 - Background and Information on Coronavirus (COVID19)
 - How does it spread?
 - What are the symptoms?
 - Frequently Asked Questions
 - Frequently Asked Questions - Children
 - What You Need to Know - CDC Fact Sheet
 - What to Do If You Are Sick
 - Traveler Information
- [San Mateo County Health Department](#) is our local resource.

Online Community Resource Search

Community Resource [SMC-Connect Link](#) to find resources in the community

San Mateo County Emergency Operations

Public Call Center - Dial 2-1-1 from your phone.

<http://211.org/>

We encourage parents to visit the [SMC Department of Health's website](#) for public health updates and to call the [San Mateo County Public Call Center](#) for non-medical questions by dialing 211. This line is open 24/7 in multiple languages. You can also text "coronavirus" to 211211 for information and updates.

PG&E

PG&E has implemented a series of billing and service modifications to support customers who have been impacted by the COVID-19 pandemic:

- Suspending service disconnections for non-payment and waiving security deposits;
- Implementing flexible payment plan options; and
- Providing additional support for low-income and medical baseline customers.

Please see this [PG&E Press Release](#) for more information.

Unemployment Information

https://www.edd.ca.gov/Unemployment/Filing_a_Claim.htm

Unemployment Insurance (UI) is an employer paid program that provides partial income replacement when you become unemployed or have your hours reduced and meet all [eligibility requirements](#). If your employer has reduced your hours or stopped operations due to coronavirus, you may be able to file an Unemployment Insurance (UI) claim. You may also be eligible for UI payments if your child's school or daycare is closed and you have to miss work to care for them.

Paid Sick Leave If you cannot work due to having or being exposed to COVID-19, as certified by a medical professional, you can use your accrued paid sick leave to continue being paid for the time you miss work. You may also be eligible for Disability Insurance (see below).

- Your employer should provide you with the number of paid sick days you have accrued.
- Citizenship and immigration status do not affect eligibility for paid sick leave.

Disability Insurance If you cannot work due to having or being exposed to COVID-19, as certified by a medical professional, you may be able to file a Disability Insurance (DI) claim.

- Citizenship and immigration status do not affect eligibility for DI.
- California has waived the usual one-week unpaid waiting period for people missing work due to coronavirus. You can collect DI payments for the first week you are out of work.

Paid Family Leave (PFL) If you cannot work because you are caring for an ill or quarantined family member with COVID-19, as certified by a medical professional, you may be able to file a Paid Family Leave (PFL) claim.

- Citizenship and immigration status do not affect eligibility for PFL.
- PFL does not have a waiting period for benefits.
- If eligible, you can receive PFL payments for up to 6 weeks.

Workers' Compensation If you are unable to do your usual job because you contracted COVID-19 during the regular course of your work, you may be able to file a claim for workers' compensation benefits such as temporary disability payments or medical treatment.

- Citizenship and immigration status do not affect eligibility for workers' compensation.

Business and Individual Resources

San Mateo County Strong Fund

Resources for individuals and families in our area are quickly being made available and one such program specific to San Mateo County was announced on March 24,2020. If you know of someone who needs support at this time, the San Mateo County Board of Supervisors just approved the use of \$3 million of Measure K funds for support—[San Mateo County Strong Fund](#).

CAN YOU GIVE?

San Mateo County Strong Fund

As described above, the San Mateo County Strong Fund opened on March 24. This emergency fund has been established in partnership with the Silicon Valley Community Foundation to support those most impacted in San mateo County. All money donated will stay inside San Mateo County so donors have confidence they are helping their neighbors. You can direct donations to one of three categories: Individuals/Families, Small Local Businesses or Non-Profits. Give at: [San Mateo County Strong Fund](#).

Can You Volunteer?

Please email smcvolunteers@smcgov.org and someone will respond to you and match you to a need.

Have Medical Equipment to Donate?

Please email meddonations@smcgov.org and someone will respond to you. You can also drop off medical supplies at 1300 Maple Street, San Mateo, CA 94402.